



ACCELERATED TMS THERAPY

In September 2022, the FDA officially approved the SAINT Neuromodulation System for treating depression. While the official SAINT protocol studied at Stanford University includes functional neuronavigation, similar treatments can still be implemented using standard brain mapping methods instead of functional MRI-guided targeting, which has not yet been proven to be the key factor in SAINT's success. Other components of SAINT, such as high-frequency theta burst dosing, a larger number of sessions (**50 compared to 36**), and a more intensive treatment schedule (**1 week versus 7-8 weeks**), can be effectively administered with conventional TMS machines and standard localization techniques.

We provide Accelerated TMS Therapy. If you're interested, please ask a member of our team for more details on what Accelerated TMS Therapy would look like. Here are some key things you should know about it:

- Accelerated TMS became widely recognized due to its application in the SAINT study at Stanford University.
- In this approach, patients undergo 50 treatments over 5 days, typically receiving 10 daily sessions, each lasting 3 minutes, to address depression. There is usually a 50-minute break between treatments.
- This is still TMS, where a coil is brought close to your head for a short period and exact magnetic stimulation is performed to open up under-used pathways in the brain.
- This technique is more intensive compared to other TMS methods.
- We take pride in using only the MagVenture TMS device, the same equipment employed by Stanford University in the SAINT clinical study for treating treatment-resistant major depressive disorder.

The total package investment for the 50-session accelerated TMS protocol is \$12,800.

Psychiatry fees total \$750, which includes the initial intake and a follow-up appointment.